Virtual Annual National Congress & awards ceremony

19 October 2021

Congress Programme

Resilience and reinvention

17:45 – 18:00	**Registration**	
TIME	**TOPIC**	**SPEAKER**
18:00-18:10	Welcome Opening prayer	Colin Wellbeloved
18:10—18:50	It's Your Mooove - resilience in the face of COVID and reinventing an approach to healthier living	Dr Michael Mol Doctor | Speaker | Producer
18:50—19:00	Q & A session	
19:00-19:03	*Sponsor: GWK*	

MPO/Nedbank Awards Ceremony

19:10 to 20:20	19:10 Innovation award 19:25 MPO Nedbank Stewardship Award 19:50 Sponsor's address	Michelle de Lange Barbara Bieldt Daneel Rossouw
20:20-20:25	*Sponsor: Nedbank*	
20:25	Thanks to sponsors Closing	Colin Wellbeloved MPO National Chairman